



MEDIA ADVISORY

FOR IMMEDIATE RELEASE

Dec. 1, 2009

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WINDSOR VILLAGE PARK FAMILY CENTER TO HOST STRANGER AWARENESS PROGRAM

Curriculum Pairs Self-Defense Techniques with Safety Education in Interactive Setting

INDIANAPOLIS – (Dec. 1, 2009) Windsor Village Park Family Center this week hosts Crouching Tigers' Stranger Danger awareness and education program for children ages 3 to 12. The activity is a community outreach component of Crouching Tigers, an organization that teaches children martial arts coupled with safety awareness education. The first part of the class will be an interactive lesson with children, followed by a conversation with parents about the importance of reinforcing messages learned. The class is free and open to the public.

WHO: Crouching Tigers President Olivia Roney, Windsor Village Park Family Center Manager Mary McBeath, participating children and parents

WHAT: Crouching Tigers' Stranger Danger Awareness Program

WHEN: 5:15 p.m. Wednesday, Dec. 2, 2009

WHERE: Windsor Village Park Family Center, 6510 E. 25th St.

About Windsor Village Park Family Center

The City of Indianapolis Department of Parks and Recreation opened Windsor Village Park Family Center in January 2009. The 12,000-square-foot facility features a full-size gymnasium, fitness center, computer lab, game room, community room and kitchen. The five-acre park also features a new outdoor basketball court and walking trail, with a new playground set to be installed in early 2010. The support of many generous donors helped the Indianapolis Parks Foundation and Indy Parks secure \$2 million in public and private funding to bring the project to fruition, with the fundamental goal of empowering the Windsor Village community and instilling a legacy of hope for future generations. For more information, visit www.indyparks.org.

About Crouching Tigers

Crouching Tigers provides programs for young children that incorporate martial arts into public safety issues of which children should have knowledge. By associating games with these important issues, Crouching Tigers creates a fun and entertaining way for children to learn. Crouching Tigers better equips children to handle unsafe situations by helping them become aware of potential dangers around them. For more information, visit www.crouchingtigers.org.

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